

MANGINO'S GOURMET MARKET 518-377-5599

Open Wednesday - Sunday. 8 am - 8 pm (open at 10:00 am Sat/Sun). BYOB for now

BREAKFAST

Breakfast items available until 3:00

- Electric City Egg Sandwich** 7 Add Home Fries \$1.50
Two Cage-Free Eggs, Country Ham, Cheese and Maple-infused French Toast Brioche
- Tuscan Egg Sandwich** 8 Two eggs, provolone, spinach, shallots, pesto and Dad's Italian salsa on Italian Bread Add Home Fries \$1.50
- Classic Egg Sandwich** 4 Add Home Fries \$1.50
Cage-Free Egg, Cheese and Premium Roll – Add Bacon, Ham, Turkey Sausage or extra egg for .75 more
- Chicken and Waffles** 8 Add Home Fries \$1.50
Baked Antibiotic Free Chicken Thighs with chipotle and sweetened Belgian waffle, syrup & butter...local maple syrup
- Tuscan Omelet** Two eggs, provolone, spinach, shallots pesto and Dad's Italian salsa 8. Add Home Fries \$1.50
- 3 Egg Omelet & Toast** (add spinach, onions, mushrooms, onion, cheese, Italian sausage, turkey sausage) 8 Add Home Fries \$1.50
- Two Eggs with Toast and Home Fries.** 7 any way. Add Bacon, Ham, Turkey Sausage or extra egg for .75 more
- Strawberry Waffles** 8 Belgian waffle with fresh strawberries, fresh whipped cream, local maple syrup & butter...
- Nutella Waffles** 8 Belgian waffle with Nutella spread, fresh whipped cream, local maple syrup & butter...
- Yogurt with Granola and Berries** Chobani Vanilla. 4.50 mix of strawberries, blueberries and/or blackberries

STARTERS, SALADS & SMALL PLATES

- Soup of the Day: Made fresh daily.....** 4
- Small or Large Garden Salad** 3.50 / 7 Spring mix greens...choice of Italian, Russian, Provolone Garlic or Anchovy Garlic dressing
- Large Caesar Salad** 8.50 Made with romaine lettuce, fresh made anchovy garlic dressing, add chicken +3
- Chi-Chi and Bread Plate** 3 Mrs. Mangino's famous marinated chick peas, warm bread and oil for dipping
- Roasted Red Pepper Provolone Plate** 6 Marinated red pepper with slices of provolone cheese, red onion, black olives and EV olive oil
- 3 Meatballs....** 4 Served with Mangino home made tomato sauce...made fresh daily
- Sharing Plates** 3, 6, 9 (ask server - in house dining only)

WRAPS, BURGERS AND SANDWICHES ...with Kettle Chips...substitute fries OR sweet potato fries add 1

- Mangia! Burger w/lettuce, tomato, pickles on brioche bun** 10. Add mushrooms, grilled onions, provolone, swiss or american cheese
- Beyond Burger Plate (GF, Vegetarian, Keto, fabulous).** 12 plant-based burger, Dad's Italian salsa, arugula salad
- Chicken Salad Wrap or as Plate (no bread)** 9 Chicken breast, mayonnaise, grapes, celery, seasonings
- Turkey Wrap** 9 sliced roasted turkey with provolone, Provolone Garlic dressing, romaine and tomatoes Add bacon \$1
- Chicken Pesto Ciabatta Sub or Wrap** 10 sliced grilled chicken, homemade basil pesto (no nuts) mayo, romaine and tomatoes
- Vegetarian Wrap** 10 roasted red pepper, onions, tomatoes, provolone, and romaine lettuce ... Fresh Hummus sometimes available
- Crispy Chicken Arugula Sub** 11Crispy chicken, tomato, arugula, mayonnaise,.... Chips or fries on ciabatta sub ...
- Meatball Sub** 9 All beef meatballs, mozzarella, with Mangino famous tomato sauce w/fries on ciabatta sub
- Chicken Parmesan Sub** 11.....Crispy chicken, mozzarella, tomato sauce w/fries on ciabatta sub
- Spicy Italian Sub or Wrap.....** 10 Cappicola ham, pepperoni, roasted red pepper, provolone, Italian dressing on ciabatta sub
- (2) All-Beef Hebrew National Hot Dogs Bolognese.. or with Dark Ale Mustard & Onions...** 8
- Grilled Cheese with Pesto and Tomato on White Bread** 8.....Rick's fresh made basil pesto (no nuts) and EV olive oil

PIZZA & CALZONE

Made Fresh daily after 11:30 am with our own dough and fresh tomato sauce....

- Personal Cheese Calzone with Sauce.** 9 ...Add Sweet Italian Sausage and Pepperoni for \$2 More....Share it! (or not)
18" Cheese Pizza ... 12House made dough, red sauce, basil, mozzarella...
Add toppings. \$1.25-1.75 (extra cheese, pepperoni, sausage, roasted red pepper, green peppers, mushrooms, olives, onions)
18" White Cheese, Pesto and Broccoli Pizza 17. No red sauce...made with Rick's fresh-made basil pesto (no nuts)
18" Roasted Red Pepper & Sausage Pizza. 18. Red sauce, roasted red peppers, sausage, mozzarella, basil
18" Half -n -Half (Red and White) Pizza 17. Half cheese,..... half pesto white pizza with broccoli
18" Margherita Pizza. (fresh tomato slices, fresh mozzarella, fresh basil) 17
Two Cheese Slices and Can Soda (Coke, Diet, Lemonade, Fresca or Mountain Dew) 5. One cheese slice: 2

PASTA MEALS

- Broccoli and Chicken Alfredo with Penne** 14 Ask for Gluten Free penne 2
Meat Lasagna 14 Fresh made, using Mangino famous red sauce, beef, sausage, ricotta, mozzarella
Vegetarian - Basil Risotto 14 add chicken - 3. Add shrimp 4
Vegetarian - Butternut Squash Ravioli 17 with Brown Butter Cream Sauce
Pasta Bolognese 15 Hearty meat sauce on top of penne
Pasta and Meatballs 13 angel hair or penne
Vegetarian - Pasta Marinara 11 angel hair or penne

MANGINO FAMOUS MEALS

.....Rick's Grandmother's and Father's recipes

- Shrimp Ala Mangino** 23 Four large butterflied shrimp sautéed with butter, garlic and sherry and butter for dipping
Shrimp Marinara 19 Six shrimp over pasta with fresh-made chunky tomato sauce & vegetables
Chicken Piccata 14 Chicken tenderloins with lemon butter sauce over angel hair....no capers
Chicken Milanese with Arugula Salad. 16 Crispy Chicken Breast, Lemon Arugula salad, Angel Hair Pasta
Chicken Sorrentino 19 Chicken, eggplant, prosciutto, swiss, marinara angel hair in a butter sherry sauce
Chicken Parmesan 16 with angel hair pasta
Vegetarian - Eggplant Parmesan 14 with angel hair pasta

FAMILY MEALS *****FOR TAKE OUT ONLY *****CALL 518-377-5599

- Chicken and Broccoli Alfredo Penne with Salad and Bread** \$ 22Feeds 2 - 4 people
Penne Parmesan (Vegetarian) with Salad and Bread \$ 19 - add meatballs \$4Feeds 2 - 4 people
Large Caesar salad with Bread \$ 17-.....Feeds 2 - 3 people. Add Chicken. \$5
Chicken Parmesan with Salad and Bread \$ 24 -.....Feeds 2 - 3 people
18" Cheese Pizza with 2-Liter Soda. \$13. Feeds 2 -4 people. Toppings: add \$1.50 each

DESSERTS:

If you don't see what you want...let us know for next week

- Mango Sorbet** 4
Blackberry Ombre Buttercream Cake (Passion Herbal, Peach, Berry, Unsweetened) 8
Chocolate Mousse Pie with fresh whipped cream
Affagato - Double Espresso, Vanilla Ice Cream, Chocolate and Coconut, 4
Salted Caramel Cookie Sundae (Rick's Favorite) - 6

Mangino's Gourmet Market. 764.5 Eastern Avenue, Schenectady, NY. We advocate family meals, conversation and fresh food. Call us to book the top floor for your small or medium sized private event!

518-377-5599